



# RESTAURANTE

\*TODOS LOS PLATOS DE LA CARTA ESTÁN DISPONIBLES PARA LLEVAR

## ENTRANTES

|                                                                         |                       |
|-------------------------------------------------------------------------|-----------------------|
| QUESO CAMEMBERT                                                         | 12,00€                |
| Queso camembert fundido acompañado de pan tostado con mermelada casera. |                       |
| PLATO IBÉRICO                                                           | 19,00€                |
| Jamón ibérico, queso curado y frutos secos.                             |                       |
| DUO DIPS                                                                | 12,00€                |
| Guacamole y hummus acompañado de palitos de verduras o nachos           |                       |
| NACHOS GRATINADOS AL HORNO                                              | 13,00€                |
| Nachos con carne y una combinación de quesos.                           |                       |
| QUESADILLAS DE POLLO                                                    | 13,00€                |
| Pollo, queso mozzarella, philadelphia y queso gouda.                    |                       |
| QUESADILLA DE GAMBAS PIL-PIL                                            | 14,00€                |
| Variedad de quesos con gambas pil-pil.                                  |                       |
| ALITAS DE POLLO (7 UNIDADES)                                            | 13,00€                |
| Alitas de pollo con salsa barbacoa y patatas fritas.                    |                       |
| LANGOSTINOS CRUJIENTES (6 UNIDADES)                                     | 12,50€                |
| Langostinos crujientes con salsa agridulce.                             |                       |
| LANGOSTINOS AL PILPIL                                                   | 16,00€                |
| Langostinos salteados con aceite de oliva, ajo, perejil y guindilla.    |                       |
| BONIATO FRITO                                                           | Ración completa 9,00€ |
| BONIATO FRITO                                                           | Media ración 6,00€    |
| FINGERS DE POLLO                                                        | 13,00€                |
| Jugosas pechuguitas de pollo al curry y patatas fritas.                 |                       |

## ENSALADAS

|                                                                                                                                                       |        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| ADICCIÓN                                                                                                                                              | 15,00€ |
| Mezcla de lechugas, pollo, aguacate, tomate Cherry, pipas de calabaza, acompañado de salsa de miel y mostaza                                          |        |
| CÉSAR                                                                                                                                                 | 15,00€ |
| Lechuga iceberg con pollo crujiente, bacon, láminas de parmesano, picatostes y nuestra mejor salsa césar                                              |        |
| QUESO DE CABRA                                                                                                                                        | 16,00€ |
| cremoso queso de cabra a la plancha sobre una cama de espinacas baby, pera, fresas, pasas y pipas de girasol, acompañado de aderezo de miel y mostaza |        |
| REAL                                                                                                                                                  | 16,00€ |
| Mezcla de lechugas, tomate, atún, huevo duro, aguacate, espárragos, aceitunas, cebolla y quinoa.                                                      |        |
| ORIENTAL                                                                                                                                              | 14,00€ |
| Mezcla de lechuga, aceitunas, pollo Tandoori, pimienta roja, aguacate, anacardos y brotes de soja, aderezo con salsa oriental.                        |        |



## PASTAS

|                                        |        |
|----------------------------------------|--------|
| PASTA (Spaghetti o Arroz)              |        |
| CON SALMÓN A LA CREMA                  | 16,00€ |
| CON POLLO Y VERDURAS                   | 14,00€ |
| CON LANGOSTINOS PILPIL Y TOMATE CHERRY | 16,00€ |
| BOLOÑESA                               | 14,00€ |
| CARBONARA                              | 14,00€ |
| CUATRO QUESOS                          | 14,00€ |
| CON SALSA DE TRUFA                     | 16,00€ |

## HAMBURGUESAS

|                                                                                                                                                                                        |        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| RÚSTICA DE TERNERA                                                                                                                                                                     | 16,50€ |
| Hamburguesa de ternera 220gr, con pan brioche, queso cheddar, lechuga, tomate, huevo frito, bacon, pimienta verde frito con salsa especial y acompañada de patatas fritas              |        |
| DE POLLO                                                                                                                                                                               | 15,00€ |
| Jugosa pechuga de pollo a la plancha con pan brioche, queso gouda, cebolla a la plancha, huevo frito, tomate, bacon, lechuga con salsa de miel y mostaza, acompañada de boniato frito. |        |
| DE POLLO CRUJIENTE                                                                                                                                                                     | 12,00€ |
| Filete de pollo crujiente con pan brioche, con lechuga iceberg, tomate, queso gouda, mahonesa y acompañada patatas fritas.                                                             |        |
| DE ATÚN ROJO                                                                                                                                                                           | 14,00€ |
| Lechuga iceberg, tomate, sésamo negro, salsa especial y Haisin.                                                                                                                        |        |
| WRAP DE POLLO                                                                                                                                                                          | 12,00€ |
| Tortita de trigo con tiras de pollo a la plancha, mezcla de lechugas, queso cheddar, tomate y salsa especial, acompañado patatas fritas.                                               |        |
| WRAP VEGANO                                                                                                                                                                            | 16,00€ |
| Tortita de espinacas, aguacate, cebolla, tomate, lechuga iceberg, hummus y espárragos, acompañado de boniato frito                                                                     |        |
| WRAP SALMÓN                                                                                                                                                                            | 16,00€ |
| Tortita de trigo, queso philadelphia, espinaca, aguacate y salmón ahumado, acompañado de rodajas de tomate aliñado.                                                                    |        |

## CARNES

|                                          |        |
|------------------------------------------|--------|
| PECHUGA DE POLLO A LA PARRILLA O PLANCHA | 14,00€ |
| CHURRASCO DE POLLO A LA PARRILLA         | 14,00€ |
| ENTRECOT DE VACA AÑEJA A LA PARRILLA     | 23,00€ |
| SECRETO IBÉRICO DE BELLOTA A LA PARRILLA | 23,00€ |
| ENTRAÑA DE TERNERA A LA PARRILLA         | 15,00€ |

\*Todos los platos de parrilla incluyen una guarnición.

|                                                                                  |       |
|----------------------------------------------------------------------------------|-------|
| Guarniciones Extra                                                               | 4,00€ |
| Patatas Fritas   Patatas Asadas   Ensalada   Arroz   Verduras Salteadas   Quinoa |       |
| Salsas Extra                                                                     | 2,50€ |
| Chimichurri   Queso fundido   Mojo Picón   Salsa especial   Miel y mostaza       |       |

|                                             |       |
|---------------------------------------------|-------|
| EXTRA PECHUGA DE POLLO   CHURRASO   ENTRAÑA | 6,00€ |
|---------------------------------------------|-------|

## PESCADOS

|                                    |        |
|------------------------------------|--------|
| SALMÓN A LA PLANCHA                | 16,00€ |
| con espinacas salteadas y piñones. |        |
| PEZ ESPADA A LA PLANCHA            | 18,00€ |
| con ensalada fresca.               |        |
| CALAMAR A LA PLANCHA               | 23,00€ |
| con verduras y salsa andaluza.     |        |

## POKE BOWLS

|                                                                                                        |        |
|--------------------------------------------------------------------------------------------------------|--------|
| SALMÓN                                                                                                 | 14,00€ |
| Arroz basmati con salmón marinado, fresas, piña, zanahoria, cebolla roja, almendras y mayonesa sésamo. |        |
| POLLO CRUJIENTE                                                                                        | 12,00€ |
| Arroz integral con pollo crujiente, edamame, piña, zanahoria, fresa y mayonesa teriyaki.               |        |
| LANGOSTINOS CRUJIENTES                                                                                 | 14,00€ |
| Cous-Cous con langostino crujiente, aguacate, tomate Cherry, mango, brotes de soja y salsa ponzu.      |        |
| Salsas                                                                                                 |        |
| Mayonesa ponzu   Mayonesa kimchi   Mayonesa Teriyaki   Vinagreta de sésamo                             |        |



## MENÚ INFANTIL 10,00€

- PLATO PRINCIPAL + BEBIDA
- SPAGHETTI CON SALSA DE TOMATE
  - HAMBURGUESA CON QUESO Y GUARNICIÓN
  - PERRITO CALIENTE CON GUARNICIÓN
  - SANDWICH MIXTO CON GUARNICIÓN
  - NUGGETS DE POLLO CON GUARNICIÓN
  - FINGERS DE PESCADO CON GUARNICIÓN
  - TORTITAS CON FRESAS Y PLÁTANO Y NUTELLA O SIROPE

\* Guarniciones  
Patatas Fritas  
Arroz  
Verduras al vapor



# CAFETERÍA Y BEBIDAS

## BEBIDAS

|                              |       |
|------------------------------|-------|
| Agua natural                 | 2,00€ |
| Agua con gas                 | 2,00€ |
| Refrescos                    | 2,00€ |
| Aquarius                     | 2,50€ |
| Nestea                       | 2,50€ |
| Red Bull                     | 3,00€ |
| Batidos                      | 2,00€ |
| Chocolate   Vainilla   Fresa |       |

## CAFÉS E INFUSIONES

|                                                   |       |
|---------------------------------------------------|-------|
| Expresso                                          | 1,80€ |
| Americano                                         | 1,80€ |
| Cortado                                           | 2,00€ |
| Con Leche                                         | 2,00€ |
| Capuccino                                         | 2,50€ |
| Carajillo                                         | 3,50€ |
| Doble                                             | 2,50€ |
| Moca                                              | 3,50€ |
| Latte                                             | 4,00€ |
| Colacao                                           | 2,00€ |
| Te Matcha                                         | 4,00€ |
| Matcha Latte                                      | 4,50€ |
| Tes e Infusiones                                  | 2,00€ |
| *Disponemos de Leche Almendra, Soja o Sin Lactosa | 0,50€ |

## ZUMOS

|                                                  |       |
|--------------------------------------------------|-------|
| Naranja natural vaso pequeño                     | 3,50€ |
| Naranja natural vaso grande                      | 5,00€ |
| Agua de Coco                                     | 3,50€ |
| Zumo de Manzana                                  | 8,00€ |
| Tropical                                         | 8,00€ |
| Piña   Mango   Agua Coco                         |       |
| Sweet Beet                                       | 8,00€ |
| Naranja   Remolacha   Zanahoria                  |       |
| Real                                             | 8,00€ |
| Naranja   Manzana   Zanahoria   Jengibre         |       |
| Green Detox                                      | 8,00€ |
| Pepino   Espinacas   Apio   Manzana   Jengibre   |       |
| Creación (Elige hasta 4 ingredientes)            | 8,00€ |
| Naranja   Fresa   Plátano   Mango   Piña   Leche |       |
| Manzana   Remolacha   Zanahoria   Pepino         |       |
| Espinacas   Limón   Jengibre   Agua de coco      |       |

## CHUPITOS ENERGIZANTES

|                |       |
|----------------|-------|
| Ginger Shot    | 3,00€ |
| Ginger & Lemon | 3,00€ |

## BATIDOS DE PROTEINA

|                                                           |         |
|-----------------------------------------------------------|---------|
| Chocolate   Fresa   Vainilla   Plátano                    |         |
| Con agua                                                  | 3,00€   |
| Con leche                                                 | + 0,50€ |
| Con leche especial (sin lactosa, soja, almendras o avena) | + 1,00€ |
| Extra ingredientes (frutas, frutos secos, semillas...)    | + 1,00€ |
| Whey con fresa y chocolate blanco                         | 5,00€   |
| Whey con fresa y plátano                                  | 5,00€   |

## CERVEZAS

|                       |       |
|-----------------------|-------|
| Caña                  | 3,00€ |
| Pinta                 | 4,00€ |
| Caña Águila           | 3,50€ |
| Pinta Águila          | 5,00€ |
| Coronita              | 4,00€ |
| Alhambra Reserva 1925 | 4,00€ |
| Heineken              | 4,00€ |
| Cruzcampo Sin Gluten  | 4,00€ |
| Heineken 0,0          | 3,00€ |
| Tinto de Verano       | 3,00€ |
| Benjamín              | 7,00€ |

## LICORES

|                   |        |
|-------------------|--------|
| Combinado         | 10,00€ |
| Combinado Premium | 14,00€ |
| Chupito           | 4,00€  |
| Chupito Premium   | 5,50€  |
| Licores           | 7,00€  |



## VINOS

### TINTOS

|                                        |       |        |
|----------------------------------------|-------|--------|
| Cune - D.O. Rioja                      | 3,50€ | 16,00€ |
| Cune - D.O. Ribera del Duero           | 3,50€ | 16,00€ |
| Izadi Crianza - D.O. Rioja             |       | 19,00€ |
| Imperial Reserva - D.O. Rioja          |       | 45,00€ |
| Protos Crianza - D.O. Ribera del Duero |       | 27,00€ |

### BLANCOS

|                                           |       |        |
|-------------------------------------------|-------|--------|
| Sotoverde Verdejo - D.O. Rueda            | 3,50€ | 16,00€ |
| Protos Verdejo - D.O. Rueda               |       | 17,00€ |
| Quinta Couselo - D.O. Albariño            |       | 25,50€ |
| La Ola del Melillero - D.O. PX y Moscatel |       | 29,00€ |

### ROSADOS

|                                |       |        |
|--------------------------------|-------|--------|
| Viña Aliaga - D.O. Navarra     | 3,50€ | 16,00€ |
| Protos - D.O. Ribera del Duero |       | 19,00€ |

### ESPUMANTES

|                                        |  |        |
|----------------------------------------|--|--------|
| Juve & Camps Cinta Púrpura - D.O. Cava |  | 27,00€ |
| Juve & Camps Rose - D.O. Cava          |  | 30,00€ |





# RESTAURANT

\*WE HAVE ALL MENU AVAILABLE TO TAKE AWAY

## STARTERS

|                                                                 |        |
|-----------------------------------------------------------------|--------|
| CHEESE CAMEMBERT                                                | 12,00€ |
| Melt camembert cheese accompanied by toasted bread.             |        |
| IBERIAN PLATE                                                   | 19,00€ |
| Iberian ham, manchego cheese and nuts.                          |        |
| DUO DIPS                                                        | 12,00€ |
| Guacamole and hummus accompanied by vegetable sticks or nachos. |        |
| BAKED NACHOS GRATIN                                             | 13,00€ |
| Nachos with beef, beans and a melted cheese combination.        |        |
| CHICKEN QUESADILLAS                                             | 11,00€ |
| Chicken, mozzarella cheese, philadelphia and gouda cheese.      |        |
| PIL-PIL PRAWNS QUESADILLAS                                      | 14,00€ |
| Variety of cheeses with pil-pil prawns.                         |        |
| CHICKEN WINGS (7 UNITS)                                         | 13,00€ |
| Chicken wings with barbecue sauce and french fries.             |        |
| CRISPY PRAWNS (6 UNITS)                                         | 12,50€ |
| Crispy prawns with sweet and sour sauce.                        |        |
| PIL-PIL PRAWNS                                                  | 16,00€ |
| Sauted prawns with olive oil, garlic, parsley and chilli.       |        |
| FRIED SWEET POTATO Portion                                      | 9,00€  |
| FRIED SWEET POTATO Half portion                                 | 6,00€  |
| CHICKEN FINGER                                                  | 13,00€ |
| Juicy curried chicken breasts and chips.                        |        |

## SALADS

|                                                                                                                                       |        |
|---------------------------------------------------------------------------------------------------------------------------------------|--------|
| ADDICTION                                                                                                                             | 15,00€ |
| Mix of lettuce with chicken, avocado, cherry tomatoes, pumpkin seeds and honey and mustard dressing.                                  |        |
| CÉSAR                                                                                                                                 | 15,00€ |
| Iceberg lettuce with marinated chicken, bacon, parmesan flakes, croutons and our best Cesar sauce.                                    |        |
| QUESO DE CABRA                                                                                                                        | 16,00€ |
| Creamy grilled goat cheese with baby spinach, pear, strawberries, raisins, sunflower seeds and honey mustard dressing.                |        |
| REAL                                                                                                                                  | 16,00€ |
| Mix of lettuce, tomato, tuna, hard-boiled egg, avocado, asparagus, olives, onion and quinoa.                                          |        |
| ORIENTAL                                                                                                                              | 14,00€ |
| Mixed lettuce, olives, Tandoori chicken, red pepper, avocado, cashew nuts and bean sprouts, garnished with teriyaki sauce and ginger. |        |



## MAIN COURSES

|                                      |        |
|--------------------------------------|--------|
| PASTA (Spaghetti or rice)            |        |
| WITH CREAMED SALMON                  | 16,00€ |
| WITH CHICKEN AND VEGETABLES          | 14,00€ |
| WITH PILPIL PRAWNS AND CHERRY TOMATO | 16,00€ |
| BOLOGNESE                            | 14,00€ |
| CARBONARA                            | 14,00€ |
| 4 CHEESES                            | 14,00€ |
| WITH TRUFFLE SAUCE                   | 16,00€ |

## BURGERS

|                                                                                                                                                                                   |        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| RUSTIC BEEF                                                                                                                                                                       | 16,50€ |
| 220g beef burger, with brioche bread, cheddar cheese, lettuce, tomato, fried egg, bacon, fried green pepper with special sauce and french fries.                                  |        |
| CHICKEN                                                                                                                                                                           | 15,00€ |
| Juicy grilled chicken breast with brioche bread, gouda cheese, grilled onion, fried egg, tomato, bacon, lettuce, with honey and mustard sauce, accompanied by fried sweet potato. |        |
| CRUNCHY CHICKEN                                                                                                                                                                   | 12,00€ |
| Crispy chicken fillet on brioche bread, with iceberg lettuce, tomato, Gouda cheese, mayonnaise and french fries.                                                                  |        |
| RED TUNA                                                                                                                                                                          | 14,00€ |
| Iceberg lettuce, tomato, black sesame, special sauce and Haisin.                                                                                                                  |        |
| CHICKEN WRAP                                                                                                                                                                      | 12,00€ |
| Wheat fleur tortilla with grilled chicken strips, mixed lettuce, cheddar cheese, tomato and special sauce accompanied by french fries.                                            |        |
| VEGAN WRAP                                                                                                                                                                        | 16,00€ |
| Spinach fleur tortilla, avocado, onion, tomato, iceberg lettuce, hummus and asparagus accompanied by sweet potatoes.                                                              |        |
| SALMON WRAP                                                                                                                                                                       | 16,00€ |
| Wheat fleur tortilla, Philadelphia cheese, spinach, avocado and smoked salmon, accompanied by slices of seasoned tomato.                                                          |        |

## GRILL

|                                   |        |
|-----------------------------------|--------|
| GRILLED OR BROILED CHICKEN BREAST | 14,00€ |
| GRILLED CHICKEN CHURRASCO         | 14,00€ |
| GRILLED OLD BEEF ENTRECOTE        | 23,00€ |
| GRILLED ACORN-FED IBERIAN SECRET  | 23,00€ |
| OUTSIDE SKIRT ON THE GRILL        | 15,00€ |

\*All grill dishes include a side dish.

|                                                                              |       |
|------------------------------------------------------------------------------|-------|
| Extra side dishes                                                            | 4,00€ |
| French fries   Baked potato   Rice   Salad   Sauted vegetables   Quinoa      |       |
| Extra Sauces                                                                 | 2,50€ |
| Chimichurri   Melted cheese   Mojo Picón   Special sauce   Honey and mustard |       |

|                                                  |       |
|--------------------------------------------------|-------|
| EXTRA CHICKEN BREAST   CHURRASCO   OUTSIDE SKIRT | 6,00€ |
|--------------------------------------------------|-------|

## FISH

|                                               |        |
|-----------------------------------------------|--------|
| GRILLED SALMON                                | 16,00€ |
| with sauteed spinach and pine nuts.           |        |
| GRILLED SWORDFISH                             | 18,00€ |
| with fresh salad.                             |        |
| GRILLED SQUID                                 | 23,00€ |
| with sautéed vegetables and Andalusian sauce. |        |

## POKE BOWLS

|                                                                                                              |        |
|--------------------------------------------------------------------------------------------------------------|--------|
| SALMON                                                                                                       | 14,00€ |
| Basmati rice with marinated salmon, strawberries, pineapple, carrot, red onion, almonds and sesame mohonesa. |        |
| CRUNCHY CHICKEN                                                                                              | 12,00€ |
| Brown rice with crispy chicken, edamame, pineapple, carrot, strawberry and teriyaki mayonnaise.              |        |
| CRUNCHY PRAWN                                                                                                | 14,00€ |
| Cous-Cous with crispy shrimp, avocado, cherry tomato, mango, bean sprouts and ponzu sauce.                   |        |
| Sauces                                                                                                       |        |
| Ponzu mayonnaise   Kimchi mayonnaise   Teriyaki Mayonnaise   Sesame vinaigrette                              |        |



## CHILDREN'S MENU

10,00€

### MAIN COURSE + DRINK

- SPAGHETTI WITH TOMATO SAUCE
- HAMBURGER WITH CHEESE AND SIDE DISHES
- HOT DOG WITH SIDE DISHES
- MIXED SANDWICH WITH SIDE DISHES
- CHICKEN NUGGETS WITH SIDE DISHES
- FISH FINGER WITH GARNISH
- PANCAKES WITH STRAWBERRY AND BANANA AND NUTELLA OR SYRUP

\* Fittings  
Chips  
Rice  
Steamed sauces vegetables



# COFFEE AND DRINKS

## DRINKS

|                                  |       |
|----------------------------------|-------|
| Natural water                    | 2,00€ |
| Sparkling water                  | 2,00€ |
| Soft drinks                      | 2,00€ |
| Aquarius                         | 2,50€ |
| Nestea                           | 2,50€ |
| Red Bull                         | 3,00€ |
| Shakes                           | 2,00€ |
| Chocolate   Vanilla   Strawberry |       |

## COFFEE

|                                           |       |
|-------------------------------------------|-------|
| Espresso                                  | 1,80€ |
| American                                  | 1,80€ |
| Machiatto                                 | 2,00€ |
| With milk                                 | 2,00€ |
| Capuccino                                 | 2,50€ |
| Carajillo                                 | 3,50€ |
| Double                                    | 2,50€ |
| Moca                                      | 3,50€ |
| Latte                                     | 4,00€ |
| Colacao                                   | 2,00€ |
| Matcha Tea                                | 4,00€ |
| Matcha Latte                              | 4,50€ |
| Tea and infusion                          | 2,00€ |
| *We have almond, soy or lactose-free milk | 0,50€ |

## JUICES

|                                                         |       |
|---------------------------------------------------------|-------|
| Natural orange small glass                              | 3,50€ |
| Natural orange large glass                              | 5,00€ |
| Coconut water                                           | 3,50€ |
| Apple juice                                             | 8,00€ |
| Tropical                                                | 8,00€ |
| Pineapple   Mango   Coconut water                       |       |
| Sweet Beet                                              | 8,00€ |
| Orange   Beetroot   Carrot                              |       |
| Real                                                    | 8,00€ |
| Orange   Apple   Carrot   Ginger                        |       |
| Green Detox                                             | 8,00€ |
| Cucumber   Spinach   Celery   Apple   Ginger            |       |
| Creation (Choose up to 4 ingredients)                   | 8,00€ |
| Orange   Strawberry   Banana   Mango   Pineapple   Milk |       |
| Apple   Beetroot   Carrot   Cucumber                    |       |
| Spinach   Lemon   Ginger   Coconut water                |       |

## ENERGIZING SHOTS

|                |       |
|----------------|-------|
| Ginger Shot    | 3,00€ |
| Ginger & Lemon | 3,00€ |

## PROTEIN SHAKES

|                                                        |         |
|--------------------------------------------------------|---------|
| Chocolate   Strawberry   Vanilla   Banana              |         |
| With water                                             | 3,00€   |
| With milk                                              | + 0,50€ |
| With special milk (lactose free, soy, almonds or oats) | + 1,00€ |
| Extra ingredients (fruits, nuts, seeds...)             | + 1,50€ |
| Whey strawberry white chocolate                        | 5,00€   |
| Whey strawberry with banana                            | 5,00€   |

## BEER

|                       |       |
|-----------------------|-------|
| Cane                  | 3,00€ |
| Pint                  | 4,00€ |
| Cane Águila           | 3,50€ |
| Pint Águila           | 5,00€ |
| Coronita              | 4,00€ |
| Alhambra Reserva 1925 | 4,00€ |
| Heineken              | 4,00€ |
| Cruzcampo Gluten Free | 4,00€ |
| Heineken 0,0          | 3,00€ |
| Tinto de Verano       | 3,00€ |
| Benjamin              | 7,00€ |

## LIQUORS

|               |        |
|---------------|--------|
| Mixed         | 10,00€ |
| Premium Mixed | 14,00€ |
| Shot          | 4,00€  |
| Premium shot  | 5,50€  |
| Liquors       | 7,00€  |



## WINE

### RED WINE

|                                        |       |        |
|----------------------------------------|-------|--------|
| Cune - D.O. Rioja                      | 3,50€ | 16,00€ |
| Cune - D.O. Ribera del Duero           | 3,50€ | 16,00€ |
| Izadi Crianza - D.O. Rioja             |       | 19,00€ |
| Imperial Reserva - D.O. Rioja          |       | 45,00€ |
| Protos Crianza - D.O. Ribera del Duero |       | 27,00€ |

### WHITE WINE

|                                           |       |        |
|-------------------------------------------|-------|--------|
| Sotoverde Verdejo - D.O. Rueda            | 3,50€ | 16,00€ |
| Protos Verdejo - D.O. Rueda               |       | 17,00€ |
| Quinta Couselo - D.O. Albariño            |       | 25,50€ |
| La Ola del Melillero - D.O. PX y Moscatel |       | 29,00€ |

### ROSÉ WINE

|                                |       |        |
|--------------------------------|-------|--------|
| Viña Aliaga - D.O. Navarra     | 3,50€ | 16,00€ |
| Protos - D.O. Ribera del Duero |       | 19,00€ |

### ESPARKLING WINE

|                                        |  |        |
|----------------------------------------|--|--------|
| Juve & Camps Cinta Púrpura - D.O. Cava |  | 27,00€ |
| Juve & Camps Rose - D.O. Cava          |  | 30,00€ |

DESAYUNOS  
BREAKFAST  
BOLLERÍA  
PASTRIES

TOSTADAS  
TOASTS

HUEVOS

AL GO



EGGS AS  
YOU LIKE  
SUPER BOWL

BATIDOS DE

**DESAYUNOS**  
**BREAKFAST**

ZUMOS

CHUPITOS JUICES

ENERGIZANTES  
ENERGY SHOTS

# DESAYUNOS BREAKFAST

**INGLÉS 12€**  
Huevos fritos o revueltos con salchichas, judías, beicon, tostada con tomate natural y patatas fritas

**SUPÉRATE 12€**  
Tostada integral de semillas con aguacate, salmón ahumado, tomate natural triturado con huevos revueltos (solo claras)

**TORTITAS 6€**  
Frutas (Plátano, fresa y arándanos) **+4,00€**  
Yogurt **+2,00€**  
Nutella **+2,50€**  
Miel | Sirope | Caramelo **+2,00€**

**ENGLISH 12€**  
Fried or scrambled eggs with sausages, beans, bacon, toast with natural tomato and chips

**GET OVER 12€**  
Wholegrain seed toast with avocado, smoked salmon, crushed natural tomato with scrambled eggs (whites only)

**PANCAKES 6€**  
Fruits (Banana, strawberry and blueberries) **+ 4,00€**  
Yogurt **+ 2,00€**  
Nutella **+ 2,50€**  
Honey | Sirup | Caramel **+ 2,00€**

# BOLLERÍA PASTRIES

**CROISSANT 2,00€**

**CROISSANT MANTEQUILLA Y MERMELADA 3,50€**

**CROISSANT MIXTO 4,00€**

**NAPOLITANA DE CHOCOLATE 2,50€**

**DULCES FIT**  
A consultar disponibilidad

**CROISSANT 2,00€**

**BUTTER & JAM CROISSANT 3,50€**

**MIXED CROISSANT 4,00€**

**CHOCOLATE NEAPOLITAN 2,50€**

**DULCES FIT**  
Check availability



# TOSTADAS TOASTS

|                                                |       |
|------------------------------------------------|-------|
| MANTEQUILLA Y MERMELADA                        | 3,00€ |
| ACEITE Y TOMATE                                | 3,50€ |
| CATALANA SERRANO                               | 5,00€ |
| MIXTO                                          | 4,50€ |
| PAVO Y QUESO                                   | 4,50€ |
| PAN DE CENTENO CON AGUACATE<br>Y HUEVO POCHADO | 6.50€ |
| DE CENTENO CON PLÁTANO Y MIEL                  | 4,00€ |

\*Pan a elegir entre: pan de molde, pitufo, integral,  
de semillas, centeno (+1€), sin gluten (+1€)\*

|                                           |       |
|-------------------------------------------|-------|
| BUTTER & JAM                              | 3,00€ |
| OIL AND TOMATO                            | 3,50€ |
| SERRANO CATALAN                           | 5,00€ |
| MIXED                                     | 4,50€ |
| TURKEY AND CHEESE                         | 4,50€ |
| RYE BREAD WITH AVOCADO<br>AND POACHED EGG | 6,50€ |
| RYE WITH BANANA AND HONEY                 | 4,00€ |

\*Bread to choose between: sliced bread, Smurf,  
integral, seed, rye, gluten-free\*

# HUEVOS AL GUSTO

# EGGS AS YOU LIKE

|                                              |       |
|----------------------------------------------|-------|
| HUEVES REVUELTOS, TORTILLA FRANCESA O FRITOS | 4,00€ |
| SCRAMBLED, FRENCH OMELETTE OR FRIED          | 4,00€ |

## EXTRAS: PARA TOSTADAS Y HUEVOS

|                   |                      |
|-------------------|----------------------|
| Queso gouda 2,00€ | Queso feta 3,50€     |
| Salmón 4,00€      | Queso manchego 3,50€ |
| Huevo 1,50€       | Jamón York 3,00€     |
| Aguacate 4,00€    | Jamón Serrano 3,50€  |
| Tomate 1,50€      | Pavo 3,00€           |
| Cebolla 1,00€     | Atún 3,00€           |
| Champiñones 3,00€ | Beicon 2,00€         |
| Verduras 3,00€    | Pollo 3,50€          |
| Ensalada 4,00€    |                      |

## EXTRAS FOR TOAST AND EGGS

|                    |                       |
|--------------------|-----------------------|
| Gouda cheese 2,00€ | Feta cheese 3,50€     |
| Salmon 4,00€       | Manchego cheese 3,50€ |
| Egg 1,50€          | York ham 3,00€        |
| Avocado 4,00€      | Serrano Ham 3,50€     |
| Tomatoe 1,50€      | Turkey 3,00€          |
| Onion 1,00€        | Tuna 3,00€            |
| Mushrooms 3,00€    | Bacon 2,00€           |
| Vegetables 3,00€   | Chicken 3,50€         |
| Salad 4,00€        |                       |

# SUPER BOWL

|                                                                                                            |               |
|------------------------------------------------------------------------------------------------------------|---------------|
| <b>AÇAÍ CLASSIC</b><br>Con arándanos, fresas, coco rallado, miel y granola                                 | <b>12,00€</b> |
| <b>AÇAÍ FULL FIT</b><br>Con kiwi, plátano y manzana                                                        | <b>12,00€</b> |
| <b>AÇAÍ RED</b><br>Con fresas, frambuesas, arándanos, bayas de goyi y granola                              | <b>13,00€</b> |
| <b>AÇAÍ POST WORKOUT</b><br>Con plátano, arándanos, frambuesas, crema de cacahuete, coco rallado y granola | <b>15,00€</b> |
| <b>REAL</b><br>Yogurt natural con mango, kiwi, fresas, arándanos y muesli                                  | <b>11,00€</b> |
| <b>PORRIDGE</b><br>Copos de avena con leche caliente (suplemento de fruta + 1€ cada selección)             | <b>4,50€</b>  |
| <b>BOWL DE FRUTAS DE TEMPORADA</b>                                                                         | <b>10,00€</b> |

|                                                                                                              |               |
|--------------------------------------------------------------------------------------------------------------|---------------|
| <b>AÇAÍ CLASSIC</b><br>With blueberries, strawberries, shredded coconut, honey and granola                   | <b>12,00€</b> |
| <b>AÇAÍ FULL FIT</b><br>With kiwi, banana and apple                                                          | <b>12,00€</b> |
| <b>AÇAÍ RED</b><br>With strawberries, raspberries, blueberries, goyi berries and granola                     | <b>13,00€</b> |
| <b>AÇAÍ POST WORKOUT</b><br>With banana, blueberries, raspberries, peanut butter, grated coconut and granola | <b>15,00€</b> |
| <b>REAL</b><br>Natural yogurt with mango, kiwi, strawberries, blueberries and muesli                         | <b>11,00€</b> |
| <b>PORRIDGE</b><br>Oat flakes with hot milk (fruit supplement + €1 each selection)                           | <b>4,50€</b>  |
| <b>SEASONAL FRUIT BOWL</b>                                                                                   | <b>10,00€</b> |



# BATIDOS DE PROTEÍNAS PROTEIN SHAKES

CHOCOLATE, FRESA,  
VAINILLA, PLÁTANO CON AGUA 3,00€

WHEY CON FRESA  
Y CHOCOLATE BLANCO 5,00€

WHEY CON FRESA Y PLÁTANO 5,00€

CON LECHE + 0,50€

CON LECHE ESPECIAL + 1,00€  
Sin lactosa, soja, almendra o avena

EXTRA INGREDIENTES + 1,00€  
Fruta, frutos secos, semillas,...

CHOCOLATE, STRAWBERRY,  
VANILLA, BANANA WITH WATER 3,00€

WHEY WITH STRAWBERRY  
AND WHITE CHOCOLATE 5,00€

WHEY WITH STRAWBERRY  
AND BANANA 5,00€

WITH MILK + 0,50€

WITH SPECIAL MILK + 1,00€  
Lactose free, soy, almond or oats

EXTRA INGREDIENTS + 1,00€  
Fruit, nuts, seeds,...

# CAFÉS Y TE COFFEE & TEA

EXPRESSO SOLO 1,80€

CORTADO 2,00€

CAFÉ CON LECHE 2,00€

CAPUCHINO 2,50€

LATTE 4,00€

DOBLE 2,50€

CARAJILLO 3,50€

TE MATCHA 4,00€

MATCHA LATTE 4,50€

TES E INFUSIONES 2,00€

ESPRESSO SOLO 1,80€

ESPRESSO MACCHIATTO 2,00€

WHITE COFFEE 2,00€

CAPUCHINO 2,50€

LATTE 4,00€

DOBLE 2,50€

CARAJILLO 3,50€

MATCHA TEA 4,00€

MATCHA LATTE 4,50€

TEAS AND INFUSIONS 2,00€

# ZUMOS JUICES

**NARANJA NATURAL PEQUEÑO** 3,50€

**NARANJA NATURAL GRANDE** 5,00€

**GREEN DETOX** 8,00€

Manzana, Pepino, espinacas, apio y jengibre

**REAL** 8,00€

Piña, mango y coco

**SWEET BEET** 8,00€

Naranjas, remolacha y zanahorias

**NARANJA Y ZANAHORIA** 8,00€

**MANZANA** 8,00€

**PIÑA** 8,00€

**ZANAHORIA** 8,00€

**SUPER CREACIÓN** 8,00€

Elige hasta 4 ingredientes:

Fresa | Plátano | Mango | Piña | Naranja

Remolacha | Zanahoria | Pepino | Leche

Espinaca | Aguacate | Limón | Jengibre

Agua de coco

**SMALL NATURAL ORANGE** 3,50€

**LARGE NATURAL ORANGE** 5,00€

**GREEN DETOX** 8,00€

Apple, Cucumber, spinach, celery and ginger

**REAL** 8,00€

Pineapple, mango and coconut

**SWEET BEET** 8,00€

Oranges, beets and carrots

**ORANGE AND CARROT** 8,00€

**APPLE** 8,00€

**PINEAPPLE** 8,00€

**CARROT** 8,00€

**SUPER CREATION** 8,00€

Choose up to 4 ingredients:

Strawberry | Banana | Mango | Pineapple

Orange | Beetroot | Carrot | Cucumber

Milk | Spinach | Avocado | Lemon

Ginger | Coconut water

# CHUPITOS ENERGIZANTES ENERGY SHOTS

**GINGER SHOT** 3,00€

**GINGER Y LIMÓN** 3,00€

**LIMÓN** 1,00€

**GINGER SHOT** 3,00€

**GINGER AND LEMON** 3,00€

**LEMON** 1,00€